

# Sendai Multicultural Center News

## Be Prepared for Natural Disasters



We never know when a natural disaster will occur. If someone's life is in danger there is a need to evacuate, even when infectious diseases are prevalent. Now is the time that you should make considerations for the timing of when and where you will evacuate to when a disaster occurs.

This edition introduces some things to think about before evacuating to a safe place. Please feel free to use it as a reference.

### ① Be aware of Disasters

Check to see what kind of disasters occur.

#### Heavy Rain / Typhoons (June - November)



Overflowing of rivers and landslides (land or sand from mountains suddenly crumbles due to an earthquake or heavy

rain) may occur. In particular, people living close to rivers and mountains need to pay additional caution. Please see the SenTIA issued "Advice for Protecting Yourself from Flood Damage and Landslides" for further details.

<http://int.senia-sendai.jp/e/life/bousai.html>  
(Scroll to the bottom of the web page to view.)

Languages: Japanese, English, Chinese, Korean, Vietnamese, Nepali



#### Heavy Snowfall (December to March)

When snow accumulates, busses, subway, and trains may be delayed or even stop operations. Additionally, roads can freeze over so make sure to take extra care when walking, cycling, and driving.

#### Earthquakes

When a large earthquake strikes there is a possibility that a tsunami will occur. To evacuate quickly, make sure to gather information from TV and radio stations.

Please see the SenTIA issued "Advice for Protecting Yourself in an Earthquake" for further details. (The URL is the same as the one written to the left.)

Languages: Japanese, Chinese, English, Korean, Indonesian, Tagalog, Nepali, Vietnamese, Bengali, Portuguese, Mongolian

Continued on next page→

### Publications in Six Languages

In addition to English, we also have publications in Japanese / にほんご, Chinese / 中文, Korean / 한국어, Vietnamese / Tiếng Việt, and Nepali / नेपाली. They can also be viewed on our website, or found at the Sendai Multicultural Center.



→Continued from previous page

## ② Checking Hazard Maps



Hazard maps can be viewed on the official City of Sendai website.

Here you will find places you can evacuate to during heavy rain, earthquakes, and tsunami, and check areas that are likely to be affected by flooding or landslide disasters. Please check the safety of areas such as your home, school, workplace and other areas where you often are in advance.  
<http://www.city.sendai.jp/anzensuishin/kurashi/anzaen/saigaitaisaku/hazardmap.html>  
(Japanese text only)



## ③ Evacuating to a Friend's or Relative's Home

When the place that you are in is dangerous you can also evacuate to a friend's or relative's home that is in a safe area. Make sure to contact and talk with them about it in advance.

## ④ Going to an Evacuation Center

If you are unable evacuate to a friend's or relative's home, immediately go to an evacuation center (an elementary or junior high school). You can check where your closest evacuation center is on the "Sendai City Evacuation Information Website."  
<http://hinan.city.sendai.jp/eng/index.html>  
Available in: Japanese, English



Things to bring when infectious diseases are prevalent

Mask, thermometer, soap, alcohol disinfectant

Referenced material: City of Sendai Informational magazine SBL Tsuushin Sep. 2020 Vol.4, Cabinet Office, Government of Japan, Fire and Disaster Management Agency "5 Points to Keep in Mind"  
<http://int.sentia-sendai.jp/blog/saigai/saigai-9417/>

- The alert level system to help aid evacuation decisions has been renewed.

From now onwards, if the place that you are in is dangerous and you are unable to

evacuate immediately you should evacuate at "Alert Level 3" "Evacuation for the elderly and other at risk groups." All others should evacuate at "Alert Level 4" "Evacuation Order."



Please see the Cabinet Office, Government of Japan, Fire and Disaster Management Agency issued "New Evacuation Information Poster and Flyer" for further details.

<https://qrtranslator.com/0000008033/000002>  
Languages: English, Chinese (Simplified, Traditional), Korean, Spanish, Portuguese, Vietnamese, Thai, Indonesian, Tagalog, Nepali, Khmer, Burmese, Mongolian



- The City of Sendai Crisis Management Office Twitter posts information in Easy Japanese and English.

Account Name: Sendai City Crisis Management Bureau Twitter 【Multi language version】 (仙台市危機管理局Twitter 【多言語版】)

Account ID: @sendai\_kiki2  
[https://twitter.com/sendai\\_kiki2](https://twitter.com/sendai_kiki2)



- Sendai Disaster Multilingual Support Center (Operated by SenTIA)

When a disaster strikes, disaster information is posted on the Support Center's Twitter and blog. Useful information for times of disaster is posted on the website during normal times.

<http://int.sentia-sendai.jp/saigai/>  
Languages: Japanese, English, Chinese, Korean, Vietnamese, Nepali



## Notices

### ① About Multilingual Disaster Support Volunteers

These volunteers provide language support for those who don't understand Japanese, and for foreign residents who can't get information when large-scale disasters such as earthquakes, typhoons, and floods occur.

Their usual activities involve interpreting at community disaster prevention training days and participating in workshops. When a disaster occurs they support foreign residents by assisting SenTIA and the City of Sendai with translation and dissemination of disaster information and visiting evacuation centers. Please contact SenTIA if you are interested in becoming a volunteer.

SenTIA

International Relations Department

TEL (022) 268 - 6260

kokusaika@sentia-sendai.jp

<http://int.senia-sendai.jp/e/volunteer/disaster.html>



### ② Listen to the Radio!

SenTIA broadcasts radio programs in various languages.

Radio is helpful during times of disaster for gathering information. Make listening to the radio a daily habit.



#### FM Radio Broadcast in Multiple Languages

These programs are broadcast every month on four radio stations in Japanese, English, Chinese, and Korean, and feature different seasonal topics, lifestyle information, and notifications from SenTIA. When a large disaster occurs information will be broadcast in foreign languages from all four radio stations.



[http://int.senia-sendai.jp/radio/info\\_english.html](http://int.senia-sendai.jp/radio/info_english.html)

In addition, we also collaborate with a radio station to produce "Global Talk" which has themes centered on disaster prevention, and "International Student Talk" which gives international students a chance to talk about their home countries and their lives in Sendai.

## Advisor Corner "About Disasters and Disaster Prevention"

Thoughts and experiences from advisors on this issue's theme

In these modern times regardless of where on the planet someone lives, natural disasters indiscriminately affect humans and nature. While I have experienced earthquakes in the past, severe weather events such as typhoons and torrential rain do not occur frequently in the country where I was raised. It's becoming even more important for us not only to reduce our impact on the natural environment but also be prepared for any natural disaster.

Since moving to Japan I have experienced typhoons and earthquakes, but have never needed to evacuate from my home. These events made me realize the importance of having ample supplies of goods such as

drinking water, staple foods such as rice and flour, if I need to evacuate when it is difficult to get access to foods after a disaster.

In addition it is important to reach out to friends and family when affected by a disaster, especially ones such as earthquakes as for those who have not experienced them may feel very anxious. By keeping in contact you not only are ensuring the safety of others but also alleviate your own worries. By helping each other out, we can get through disasters.



(Advisor M)

# Sendai Multicultural Center

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## 仙台多文化共生センター



Opening Hours Daily 9:00 a.m. to 5:00 p.m. (Closed during the New Year's holidays and 1 to 2 days per month for maintenance)

Address Sendai International Center Conference Bldg. 1F, Aobayama, Aoba-ku, Sendai, 980-0856

TEL (022) 265 - 2471

FAX (022) 265 - 2472

Email [tabunka@sentia-sendai.jp](mailto:tabunka@sentia-sendai.jp)

URL <http://int.sentia-sendai.jp/e/exchange/>



### ■ Advice in foreign languages

We are able to give advice in many languages for daily-life troubles or problems. Please call the Interpretation Support Hotline on (022) 224-1919

Languages available: English, Chinese Korean, Vietnamese, Nepali, Tagalog, Thai, Portuguese, Spanish, Russian, Indonesian, Italian, French, German, Malay, Khmer, Burmese, Mongolian, Sinhala

### ■ Other Services

We have lecture rooms, a children's playroom, a bulletin board, and book rental. We also have spaces for interaction and information on citizen activities.

## Specialist Consultations for Foreign Residents

We periodically hold specialist consultations with lawyers, administrative scriveners and so on. If there are matters that are affecting your life in Sendai, please feel free to have a consultation. Consultations are confidential, and are limited to 30 minutes per person. Consultations are held from 1:00 p.m. to 4:00 p.m.

You can check the consultation dates on our website.  
<http://int.sentia-sendai.jp/e/exchange/consultation.html>



Administrative Scrivener	Lawyer	Labour Bureau	Immigration Bureau	Tax Accountant

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