

Other Information

●Studying Japanese●

There are many places to learn Japanese in Sendai. You can search for the type of class that suits you best.

Classroom style	There are classrooms where you can gather to study Japanese. Textbooks are used in these classes. There are also classes catered to children.
Small group	You can talk and be taught in small groups.
One-on-one	You can study one-on-one with Japanese volunteers. The time and location of lessons can be adjusted.
Online	There are websites where you can study online. There are also sites where you can learn foreign languages.

For more details, see the “SentTIA Community-based Japanese Education Portal Site”.

<https://www.int.sentia-sendai.jp/nihongo/>

The International Relations Department section of SentTIA's website



[Top>Study Japanese in SENDAI](#)

(J, E, C, K, V, N)

●Japanese Language Proficiency Test (JLPT)

The Japanese Language Proficiency Test is a test aimed at non-native speakers and is held twice a year, once in July and once in December. Applications can be submitted online.

For more information see the JEES (Japanese Educational Exchanges and Services) website

[Japanese Language Proficiency Test](#) <https://info.jees-jlpt.jp/> (J, E)

●Scholarships for international students in Japan

In Japan, there are various scholarships on offer for exchange students. You can view a pamphlet with a list of the main scholarships on offer from the Study in Japan informational website below.





[Pamphlets for scholarships for international students in Japan](#)

<https://www.studyinJapan.go.jp/ja/planning/brochures/> (J)

<https://www.studyinJapan.go.jp/en/planning/brochures/> (E)

●Obtaining information●

Questions and consultations about daily life

<p>Sendai Tourism, Convention and International Association (SenTIA), International Relations Department</p> 	<p>English available. Weekdays 9:00 a.m.-5:30 p.m. Keihan Sendai Ichibancho Bldg. 6F, 3-3-20 Ichibancho, Aoba-ku, Sendai TEL: 022-268-6260 Fax: 022-268-6252 HP : https://int.sentia-sendai.jp/e/ X (Formerly Twitter) : https://twitter.com/SENTIA_info/ Facebook : https://www.facebook.com/sendai.sira/</p>
<p>Sendai Multicultural Center</p>   <p>Interpretation Support Hotline</p>	<p>English, Chinese, Korean, Vietnamese, Nepali, Portuguese, Spanish, Thai, Russian, Indonesian, Tagalog, Italian, French, German, Malay, Khmer, Burmese, Mongolian, Sinhala, Hindi, Bengali, Urdu and Ukrainian available. Provides daily life consultations for foreign residents and offers advice for multicultural community building. Everyday: 9:00 a.m.-5:00 p.m. ※ Except during the year end and new year holiday and maintenance days (one to two days per month) TEL: 022-265-2471 FAX: 022-265-2472 Interpretation Support Hotline TEL: 022-224-1919 E-mail: tabunka@sentia-sendai.jp</p>
<p>Specialist Consultations for Foreign Residents</p> 	<p>Free consultation and interpretation. Held periodically. Reservation required. Specialists from the Miyagi Administrative Scrivener Association, Sendai Bar Association, Sendai Regional Immigration Bureau, Miyagi Labour Bureau, Tohoku Tax Accountants' Association, and the Sendai City Entrepreneurship Support Center ASSISTA are available for consultation. TEL: 022-265-2471 (Sendai Multicultural Center)</p>
<p>OASIS (Open Assist & Support in Sendai)</p>	<p>Dispatches accompanying volunteers to help foreigners who find communication in Japanese difficult, or are not yet used to life in Japan by accompanying them on visits to public offices, private organizations, educational institutes, hospitals, etc. TEL: 022-265-2471 (Inside Sendai Multicultural Center)</p>
<p>Miyagi International Association (MIA)</p>	<p>English and Chinese available. Weekdays 8:30 a.m.-5:15 p.m. Miyagi-ken Sendai Godochosha 7F, 4-17 Tsutsumidori- Amamiyamachi, Aoba-ku, Sendai TEL: 022-275-3796 https://mia-miyagi.jp/</p>

<p>Miyagi Support Center for Foreign Nationals (part of MIA)</p>	<p>Japanese, English, Chinese, Korean, Vietnamese, Tagalog, Indonesian, Nepali, Portuguese, Thai, Hindi, Spanish, and Russian available.</p> <p>Weekdays 9:00 a.m.-5:00 p.m. ※ Unavailable on national holidays and during the year-end and New Year's holidays</p> <p>Consultation with other organizations is also available via three-way phone calls (Miyagi International Association (MIA))</p> <p>TEL: 022-275-9990</p>
<p>Support Hotline, Foreign Language Specialist Line (General Incorporated Association Social Inclusion Support Center)</p>	<p>Phone consultations available in English, Chinese, Korean, Tagalog, Vietnamese, Thai, Portuguese, Spanish, Nepali and Indonesian. (Availability of languages vary depending on the time of the day.)</p> <p>① Consultation hotline (free dial) Daily 10:00 a.m.-10:00 p.m. TEL: 0120-279-226 (for Iwate, Miyagi and Fukushima Prefecture only) (TEL: 0120-279-338 if calling from other regions)</p> <p>※ Press 「2」 after the phone guidance. https://www.since2011.net/yorisoi/n2/</p> <p>② Online social media consultations</p> <ul style="list-style-type: none"> • Phone consultations using Facebook messenger https://www.since2011.net/yorisoi/n2-sns/ • Comarigoto Information Dissemination (chat consultation) https://comarigoto.jp/
<p>Legal Affairs Bureau, Foreign Language Human Rights Consultation Line</p>	<p>English, Chinese, Korean, Filipino, Portuguese, Vietnamese, Nepali, Spanish, Indonesian and Thai available.</p> <p>Weekdays 9:00 a.m.-5:00 p.m. TEL: 0570-090911</p>
<p>Japan Legal Support Center, Multi-language Information Services (Hou terasu)</p>	<p>English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Tagalog, Nepali, Thai and Indonesian available.</p> <p>Weekdays 9:00 a.m.-5:00 p.m. TEL: 0570-078377</p> <p>※ IP phone • Prepaid phone TEL: 050-3754-5430</p>

El Sola Sendai	<p>Only available in Japanese (you may arrange and bring your own interpreter)</p> <p>① Consultations for women</p> <ul style="list-style-type: none"> General consultations in person (reservations required) Monday, Wednesday- Saturday 9:00 a.m.-5:00 p.m., Tuesday 9:00 a.m.-9:00 p.m. TEL: 022-268-8302 Telephone consultations Monday, Wednesday -Saturday 9:00 a.m.-3:30 p.m. TEL: 022-224-8702 Legal consultations with a lawyer (in person only) (prior reservations and screening interview required) <p>② Consultation desk for discrimination based on sex, etc. Monday-Saturday 9:00 a.m.-5:00 p.m. TEL: 022-268-8043</p> <p>*Excluding national holidays, 2 days closed per month, and the year-end and New Year's holidays.</p>
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Sendai Tourist Information

Sendai Tourist Information Center	<p>English available. Daily 8:30 a.m.-7:00 p.m. (December 31-January 3 9:00 a.m.-5:00 p.m.) JR Sendai Station 2F TEL: 022-222-4069</p>
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Informational booklets for foreigners

Information in Foreign Languages provided by the City of Sendai and SenTIA	<p>Multilingual information related to topics such as daily life, disaster risk reduction, health and medical treatment, and child and family. https://int.sentia-sendai.jp/e/information/ (SenTIA)</p>
Daily Life Support Portal for Foreign Nationals (Immigration Services Agency Website)	<p>Multilingual information about topics including daily life and work for foreign residents living in Japan and those who support them. https://www.moj.go.jp/isa/support/portal/ (Immigration Services Agency, Ministry of Justice)</p>

●Contact information for the Prefectural Office, City Hall, and ward offices●

Miyagi Prefectural Office	3-8-1 Honcho, Aoba-ku	TEL: 022-211-2111
Sendai City Hall	3-7-1 Kokubuncho, Aoba-ku	TEL: 022-261-1111
Aoba Ward Office	1-5-1 Kamisugi, Aoba-ku	TEL: 022-225-7211
Izumi Ward Office	2-1-1 Izumi-chuo, Izumi-ku	TEL: 022-372-3111
Taihaku Ward Office	3-1-15 Nagamachi-minami, Taihaku-ku	TEL: 022-247-1111
Miyagino Ward Office	2-12-35 Gorin, Miyagino-ku	TEL: 022-291-2111
Wakabayashi Ward Office	3-1 Hoshuinmaecho, Wakabayashi-ku	TEL: 022-282-1111
Miyagi General Branch Office	5 Kannondo, Shimoayashi, Aoba-ku	TEL: 022-392-2111
Akiu General Branch Office	45-1 Ohara, Nagafukuro, Akiu-machi, Taihaku-ku	TEL: 022-399-2111

●Public Facilities in Sendai City●

The following public facilities are located within Sendai City.

• Libraries

There are seven public libraries in Sendai City. Library card holders can borrow and make reservations for library materials. Libraries can be used for free.

For details, see the Sendai City Library website: <https://lib-www.smt.city.sendai.jp/>

(J・E・C・K)



• Citizen Centers (Shimin Centers)

Citizen Centers are communal facilities where citizens can partake in grassroots activities and lifelong learning. Citizens can use these facilities to learn, interact, and promote community building.

For details, see the Citizen Center User Guide: <https://www.hm-sendai.jp/siminc/> (J)

Besides from the aforementioned facilities, there are also other public facilities including parks, cultural facilities, sports facilities, and more.



For details, see the City of Sendai website: [Top>Living Information>Facility Guide> Public](#)

Facility Guide

In addition, the following facilities have entrance fee reductions or exemption schemes for international students and their families.

Eligibility	(1) Individuals residing in the City whose status of residence is “Student” (2) Individuals enrolled in universities/junior college/vocational school/specialized training college located in Sendai City whose status of residence is “Student” (3) Family members accompanying individuals who meet requirements (1) or (2) ※ Published information is subject to change. For details, inquire at each facility directly.
How to redeem	Show your student ID and residence card at the reception of a facility

Participating facilities	Address/Phone number/ Website	
Sendai Yagiya Zoological Park	1-43 Yagiya Honcho, Taihaku-ku TEL : 022-229-0631 https://www.city.sendai.jp/zoo/index.html	
Sendai Literature Museum	 2-7-1 Kitane, Aoba-ku TEL : 022-271-3020 https://www.sendai-lit.jp/	
Sendai City Museum	26 Kawauchi, Aoba-ku TEL : 022-225-3074 https://www.city.sendai.jp/museum/index.html	
3M Sendai City Science Museum	 4-1 Dainohara Forest Park, Aoba-ku TEL : 022-276-2201 http://www.kagakukan.sendai-c.ed.jp/	
Sendai Astronomical Observatory	9-29-32 Nishikigaoka, Aoba-ku TEL : 022-391-1300 https://www.sendai-astro.jp/	
Sendai City Museum of History and Folklore	 1-3-7 Gorin, Miyagino-ku (Inside Tsutsujigaoka Park) TEL : 022-295-3956 https://www.sendai-c.ed.jp/~bunkazai/~rekimin/index.html	
Sendai City War Reconstruction Memorial Hall	2-12-1 Ohmachi, Aoba-ku TEL : 022-263-6931 https://www.hm-sendai.jp/sisetu/sensai/index.html	
Sendai City Tomizawa Site Museum	 4-3-1 Nagamachi-minami, Taihaku-ku TEL : 022-246-9153 https://www.sendai-c.ed.jp/~bunkazai/~chiteinomori/	
Sendai City Jomon Site Park	10-1 Yamada-Uenodaicho, Taihaku-ku TEL : 022-307-5665 https://www.sendai-c.ed.jp/~bunkazai/~jyoumon/	
Sendai City Akiu Otaki Botanical Garden	 5 Otaki, Baba Akiu-machi, Taihaku-ku TEL : 022-399-2761 http://sendai-green-association.jp/green/akiu/	
Sendai Wild Plants Garden (Yasoen)	2-1-1 Mogasaki, Taihaku-ku TEL : 022-222-2324 http://sendai-green-association.jp/green/yasouen/	

^{ゆび} 指さし会話 Conversation Chart	^{はい} Yes ○	^{いいえ} No ×
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^あ 当てはまる項目を指でさしてください。

Point to what you would like to say.

^{にほんご} 日本語が話せません/書けません。 I can't speak/write Japanese.	^{はな} わかります。 I understand.	^か わかりません。 I don't know.
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●あいさつ ●GREETINGS

^{わたし} 私は～と申します。 My name is ~.	^{もう} ありがとうございます。 Thank you.	^{どういたしまして。} You're welcome.
^{ごめんなさい。} I'm sorry.	^{すみません。} Excuse me.	

●お願い ●REQUESTS

^{ねが} お願いします。/～をください。 Please give me～	^き お聞きしたいことがあります。 Can I ask you a question?	
^{いちどい} もう一度言ってください。 Please say it again.	^い ゆっくり言ってください。 Please say it slowly.	^み ～を見せてください。 Please show me～.
^か それをここに書いてください。 Please write it down here.	^ま ちょっと待ってください。 Please wait a moment.	^ほ ～が欲しいです。 I want～.
^{まよ} 迷いました。(家に/ここに)連れて行ってください。 I'm lost. Please take me home/ here.		^い ～へ行きたいです。 I want to go to～.

● 質問

● QUESTIONS

ほけんしょう みぶんしょうめいしょ ざいりゅう 保険証/身分証明書/在留カードはありますか？ Do you have a health insurance card/ID/residence card?		
えいご はな ひと 英語を話す人はいますか？ Is there anyone who speaks English?	これ/それ/あれは何ですか？ What is this/it/that?	
～はありますか？ Do you have～？	これはいくらですか？ How much does this cost?	～はどこですか？ Where is～？
どこで～を ^か 買えますか？ Where can I buy ～？	この地図 ^{ちず げんざいち} で現在地はどこですか？ Where am I now on this map?	
～に行く ^い のにはどの（バス/電車 ^{でんしゃ} /地下鉄 ^{ちかてつ} ）に ^の 乗ればいいですか？ Which (bus/train) should I take to go to ～？		
～に行く ^い にはどこで ^お 降りればいいですか？ Where should I get off to go to ～？	どのくらい時間 ^{じかん} がかかりますか？ How long does it take?	
つぎ 次の（バス/電車 ^{でんしゃ} /地下鉄 ^{ちかてつ} ）は何時 ^{なんじ} ですか？ What time does the next (bus/train) leave?	～へはどう ^い 行けばよいですか？ How can I get to～？	

● 質問の答え

● ANSWERS

<p>この^{ちか}近くにはありません。 There isn't one near here.</p>	<p>^{ち す}（地図で）ここです。 You are here (on the map).</p>
<p>こちら/あちらです。 Over here/there.</p>	<p>^{うんでんしゅ えきいん てんいん ほか ひと き} （運転手/駅員/店員/他の人）に聞いてください。 Please ask (the driver/a station officer/a store clerk/someone else).</p>
<p>^{でんしゃ}（バス/電車/^{ちかてつ}地下鉄/^いタクシー）で行かなければいけません。 You need to take a (bus/train/taxi) to get there.</p>	

たす 助けてください！ Help!	きゅうきゅうしゃ よ 救急車を呼んでください！ Please call an ambulance!
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● びょういん 病院 ● HOSPITAL

<small>たいちょう</small> 体調はどうですか？ Are you feeling ok?	<small>びょういん い</small> 病院に行きたいです。 I want to go to a hospital.	<small>どう き</small> 動悸がします。 I have heart palpitations.
<small>あたま いた</small> 頭が痛いです。 I have a headache.	<small>は け</small> 吐き気がします。 I feel sick.	<small>おなか いた</small> おなかが痛いです。 I have a stomachache.
<small>めまい</small> がします。 I feel dizzy.	<small>げり</small> 下痢をしています。 I have diarrhea.	アレルギーがあります。 I have an allergy.

● たんごちょう 単語帳 ● VOCABULARY

<small>し やくしょ</small> 市役所 City Hall	<small>く やくしょ</small> 区役所 Ward office	<small>しゅつにゅうこくかんにきょく</small> 出入国管理局 Immigration Bureau	<small>びょういん</small> 病院 Hospital
<small>ゆうびんきょく</small> 郵便局 Post Office	<small>ぎんこう</small> 銀行 Bank	ATM ATM	<small>こうしゅう て あら</small> 公衆トイレ（お手洗い） Public washroom
<small>もよ えき</small> 最寄り駅 The nearest station	<small>えき</small> 駅 Station	<small>ちかてつ</small> 地下鉄 Subway	<small>てい</small> バス停 Bus stop
スーパーマーケット Supermarket	ドラッグストア Drug store	コンビニエンスストア Convenience store	

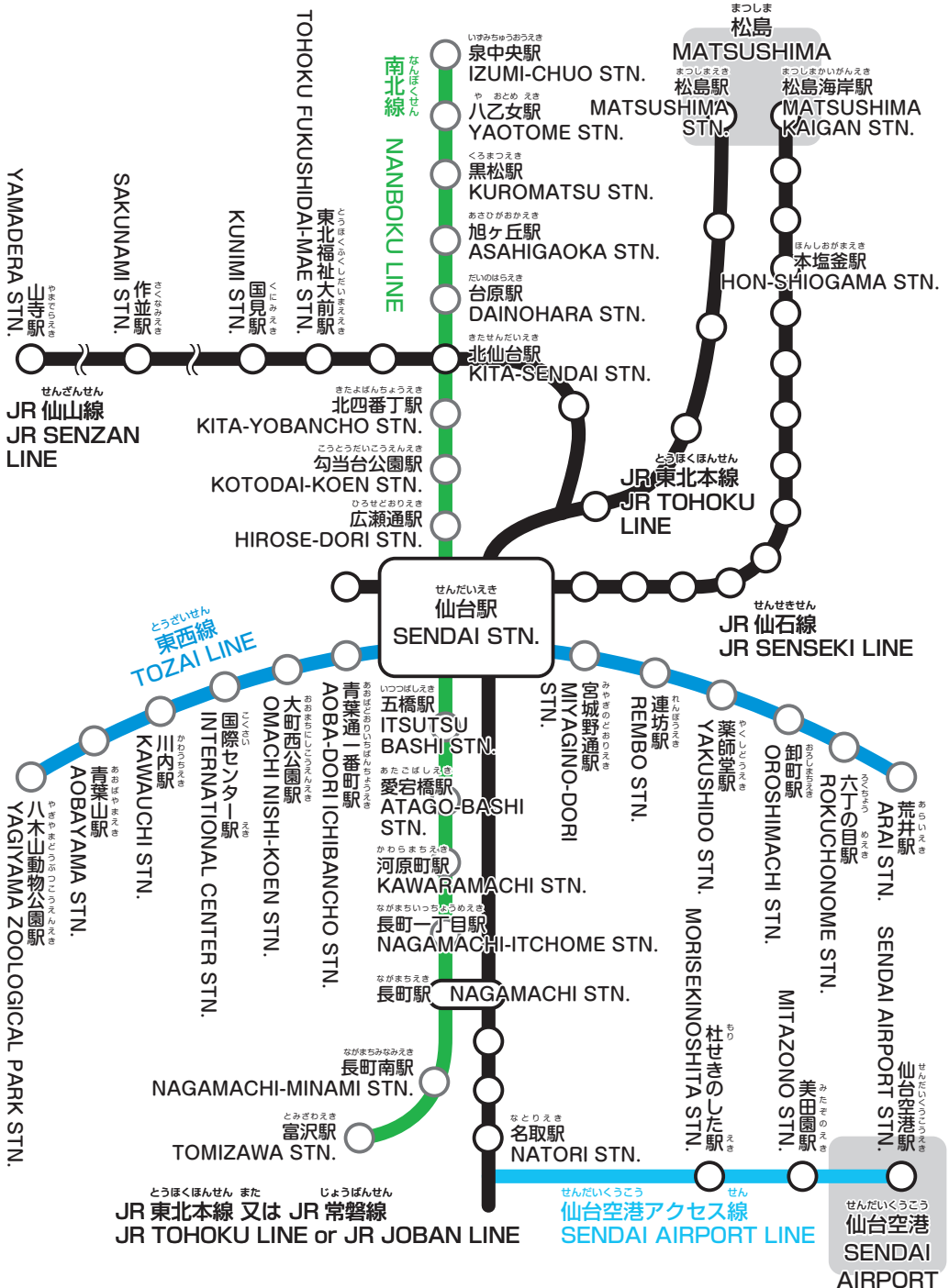
せんだいた ぶん かきょうせい 仙台多文化共生センター つうやく でんわ 通訳サポート電話（TEL：022-224-1919）

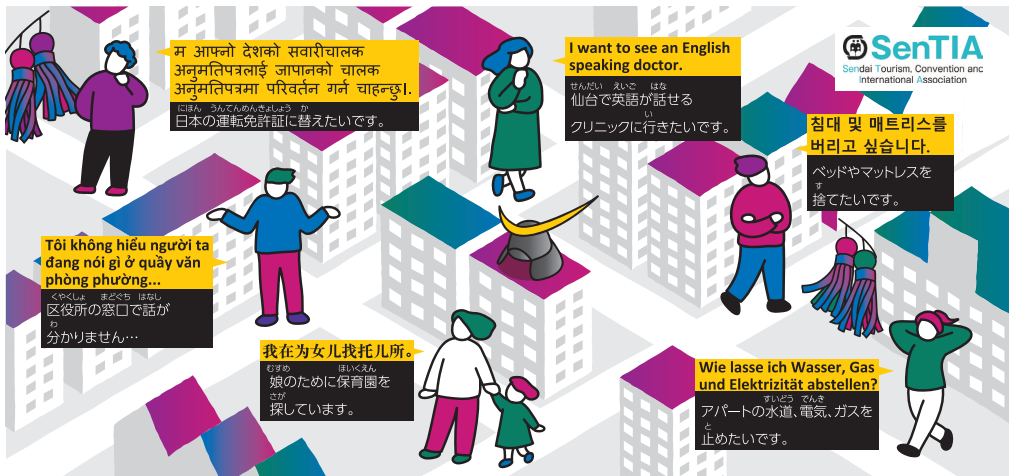
Sendai Multicultural Center Interpretation Support Hotline TEL: 022-224-1919

せんだいしゅうへんろせんず

仙台周辺路線図

Sendai area transportation





Consultations in foreign languages and interpretation support

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ことば てつだ
言葉の手伝いをします。
せいかつ わ
生活で分からないことがあれば、
き
聞いてください!

通訳サポート電話 Interpretation Support Hotline

022-224-1919
tabunka@sentia-sendai.jp

22言語で話せます

日本語 にほんご	英語 えいご	中国語 ちゅうごくご	ベトナム語 べトナムご
ネパール語 ネपाल भाषा	タガログ語 Tagalog	タイ語 タイ	ポルトガル語 Português
インドネシア語 Bahasa Indonesia	イタリア語 Italiano	フランス語 Français	スペイン語 Español
モンゴル語 Монгол хэл	ドイツ語 Deutsch	マレー語 Bahasa Melayu	ロシア語 Русский
ヒンディー語 हिन्दी	ベンガル語 বাংলা	ウクライナ語 Українська	

※他の言語でも話せるかもしれませんが ※話したことは他の人に言いません

Sendai Multicultural Center 仙台多文化共生センター

仙台多文化共生中心 센다이 다문화공생센터
Trung tâm đa văn hóa Sendai सेन्दाई बहुसांस्कृतिक समाज केन्द्र



日本語 English 中文 韓国語 Tiếng Việt नेपाल भाषा
仙台市 City of Sendai (公財) 仙台観光国際協会 SenTIA

外国人のための専門相談会

Specialist Consultations for Foreign Residents

面向外国人的专家咨询会 / 為外國人舉辦的專門諮詢會 / 외국인을 위한 전문상담회

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せんもんきかん

むりよう

そうだんかい

せいかつ

なか

こま

そうだん

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यो कार्यक्रम विशेषज्ञियहरुले आफ्नो सङ्गठन द्वारा, निःशुल्क रुपमा दिइने परामर्श हो। दैनिकजीवनयापनको क्रममा आईपर्ने कुनै पनि समस्याहरुको बारेमा,

परामर्श लिन सकिने छ।



そうだん つうやく むりよう えん
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ひみつ まも
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そうだん せんもんきかん
相談できること、専門機関、
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開催日時、申込方法など



No fees required (0 yen) for consultation and interpretation. Consultation details are kept confidential.

Consultation Topics, Specialist Organizations, Dates & Times and How to Apply



咨询、翻译(口译)是免费的(0日元)。
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举办日期、申请方法等



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सेんだいたぶんかきょうせい
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